



**IBOGA**  
WELLNESS INSTITUTE

# Mental Health Program



**Science-Driven Ibogaine Therapy for Mental  
Health & Emotional Well-Being**

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# About The *Iboga* *Wellness Institute*



The Iboga Wellness Institute is a globally recognized medical institute specializing in advanced ibogaine therapy for **complex mental health and emotional conditions**. Our work is grounded in neuroscience, clinical experience, and compassionate care — helping individuals **address underlying psychological patterns**, not just manage symptoms.

We combine **medical precision, integrative therapeutic support, and personalized treatment protocols** to deliver safe, structured, and life-changing outcomes.

[LEARN MORE ABOUT US](#)





## What are the *treatment facilities* like?

Our treatment facilities are purpose-built medical environments designed to **support complex mental health care at the highest safety standards**. Each setting combines **hospital-grade monitoring** and continuous medical oversight with a calm, private atmosphere that supports emotional regulation and psychological stability.

Clients are accommodated in private rooms, with access to quiet outdoor spaces, structured nutritional support, and restorative body-based therapies as clinically appropriate. Every aspect of the environment is **closely monitored, discreet**, and intentionally designed to prioritize safety, emotional balance, and patient privacy throughout the treatment process.

[VIEW OUR TREATMENT FACILITIES](#)



# Accommodation *Amenities*



Private rooms designed for rest, privacy, and recovery



Premium bedding, comfort controls, and essential recovery items



Chef-prepared meals, daily nutritional support, and hydration



On-site therapeutic services and restorative practices



Quiet outdoor spaces for reflection and nervous system regulation



Daily housekeeping and dedicated support staff



24/7 medical staffing and continuous patient monitoring

# Understanding *Ibogaine Therapy*

Ibogaine therapy is a medically guided treatment that works at the psychological and emotional level to support deep regulation and reorganization of mental and behavioral patterns. Derived from the *Tabernanthe iboga* plant, ibogaine is administered in a controlled clinical setting where it has been shown to influence neuroplasticity, interrupt maladaptive thought and emotional loops, and support long-term psychological change. At The Ibogaine Institute, therapy is delivered within a safety-first framework that integrates medical oversight, individualized protocols, and comprehensive care before, during, and after treatment.

[LEARN MORE ABOUT IBOGAINE THERAPY](#)



# About the *Mental Health Program*

The **Mental Health Program** is a specialized, physician-guided ibogaine therapy program designed for **individuals experiencing complex mental health and emotional conditions** where conventional treatments have failed to deliver meaningful improvement.

This program focuses on **addressing maladaptive psychological patterns, supporting emotional regulation,** and promoting lasting mental clarity and stability through a structured, medically supervised approach.

[VIEW PROGRAM DETAILS](#)

## Who This *Program Is For*

This program is ideal for individuals experiencing:

- Depression and treatment-resistant depression
- Anxiety and chronic stress disorders
- Post-Traumatic Stress Disorder (PTSD)
- Trauma-related emotional dysregulation
- Mood and affective disorders
- Persistent emotional or psychological distress

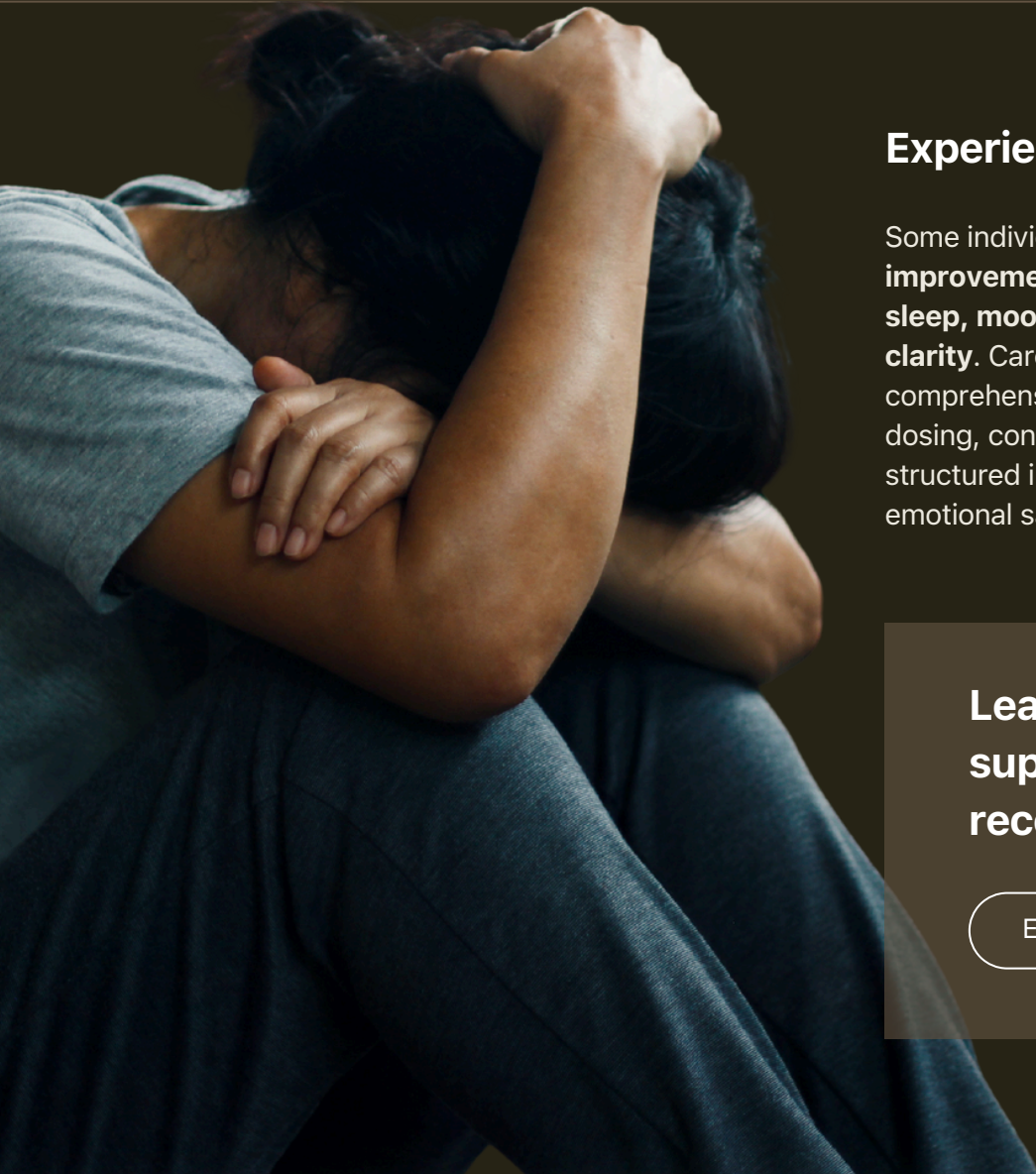
These conditions often share underlying patterns of nervous system dysregulation — making ibogaine a uniquely suited therapeutic option when delivered within a medically guided framework.





# Ibogaine Therapy for *Post-Traumatic Stress Disorder (PTSD)*

**Post-traumatic stress disorder (PTSD)** is a complex condition that affects emotional regulation, sleep, cognition, and overall quality of life, and may persist despite conventional treatment. Ibogaine therapy offers a medically guided approach focused on **supporting nervous system regulation and interrupting maladaptive stress patterns** through neuroplastic change in a controlled clinical setting.



## Experience & Care for PTSD

Some individuals with PTSD report **improvements in emotional regulation, sleep, mood stability, and psychological clarity**. Care is personalized through comprehensive screening, conservative dosing, continuous medical monitoring, and structured integration support to prioritize emotional safety and long-term stability.

**Learn how we  
support PTSD  
recovery.**


EXPLORE CARE



# Program Philosophy & *Care Model*

Our care model is centered on personalized, medically guided treatment designed to address the **underlying psychological and emotional drivers of complex mental health conditions**. Each protocol is tailored through comprehensive screening and clinical evaluation, with ibogaine therapy delivered under continuous medical oversight in a controlled therapeutic environment.

We take a **safety-first, integrative** approach that emphasizes preparation, monitoring, and post-treatment integration to support long-term emotional stability and sustainable outcomes.



Learn how our **personalized care model** supports lasting emotional stability and psychological well-being.

[LEARN MORE](#)

# Your Treatment *Experience*

## **What is the ibogaine experience like?**

01

The ibogaine experience is highly individual and primarily internal, often described as calm and introspective. Patients are continuously supported and medically monitored in a controlled, therapeutic environment to ensure safety and comfort throughout the process.

## **How is the treatment process structured?**

02

Treatment begins with a comprehensive pre-screening process, including a detailed medical review, diagnostic testing, and eligibility assessment. Upon admission, patients undergo a carefully planned ibogaine treatment session under continuous medical monitoring, typically lasting 12–24 hours. Each protocol is personalized to the individual's medical history and condition, with ongoing clinical oversight and supportive care provided in a controlled, therapeutic environment.

## **What safety protocols are in place?**

03

Safety is our top priority. All treatments include comprehensive medical screening, continuous cardiac and vital monitoring, individualized dosing, and full post-treatment observation, delivered by on-site medical teams in clinical-grade treatment environments.

## **How long is the full process from start to finish?**

04

The process begins with an online application and medical screening. Program lengths range from 7 to 14 days, depending on medical needs, and include preparation, travel, treatment, recovery, and integration support.



# Program Structure & *Logistics*



## Program Duration

Program length is personalized based on individual mental health needs and the recommended treatment track, with most Mental Health Programs ranging from **4 to 14 days** to allow for preparation, treatment, stabilization, and integration.



## Treatment Location

All treatments are conducted at our private, fully staffed medical residences located in **Cozumel and Baja California**, Mexico. Each facility is secure, tranquil, and operated to the highest clinical standards, with continuous medical oversight. For safety and discretion, all guests are transported by private drivers to and from the treatment location.



## Program Cost

The cost of the Mental Health Program varies based on program length, clinical complexity, and individualized care needs. Our all-inclusive ibogaine programs start at **\$7,500 for a 7-day treatment**, and include medical supervision, accommodation, treatment services, and comprehensive support throughout the stay.

# How the *Program Works?*

Our Mental Health Program follows a structured, medically supervised process designed to prioritize safety, emotional stability, and meaningful therapeutic outcomes.

## Pre-Screening & Medical Review

Each client completes a thorough medical review, diagnostic evaluation, and safety screening to ensure eligibility. Treatment plans are personalized based on individual health needs.

## Arrival & Travel Support

We coordinate travel, airport pickup, and private facility check-in to ensure a smooth, stress-free arrival focused entirely on healing.

## Personalized Treatment Experience

Clients receive medically supervised ibogaine therapy, continuous monitoring, and supportive care in a calm, private environment designed for deep neurological recovery.

## Holistic Care & Rehabilitation

Beyond treatment, we provide emotional support, recovery guidance, and structured integration care to support lasting psychological stability and well-being.

## Aftercare & Continued Support

Each client receives personalized aftercare guidance and ongoing support to help maintain emotional stability and progress long after departure.

# What We *Take Care Of*

From start to finish, everything is handled for you:



## **Medical screening & personalized protocol**

Every client undergoes a thorough medical and psychological evaluation to ensure safety and to design a treatment plan tailored to their individual mental health needs.



## **Travel coordination & airport transfers**

We assist with travel planning and provide seamless airport pickup to ensure a smooth, stress-free arrival.



## **Private accommodation during treatment**

Clients stay in a comfortable, private setting designed to support rest, recovery, and healing throughout the program.



## **All medical supervision & monitoring**

Ibogaine therapy is administered under continuous medical oversight with safety as the highest priority.



## **On-site care, comfort, and support**

Our team provides around-the-clock care, ensuring physical comfort, emotional support, and attentive assistance at all times.



## **Aftercare Planning & Guidance**

Each client receives personalized aftercare recommendations to help maintain progress and support long-term emotional recovery after returning home.



# Results You *May Experience*

While results vary, many clients report:

- Reduced emotional distress and symptom severity
- Improved mood regulation and emotional stability
- Greater mental clarity and focus
- Reduced reliance on medications
- Enhanced overall quality of life

Some improvements are reported within days, with continued progress over time.

# Why Choose The Iboga Wellness Institute

We operate a specialized ibogaine clinic focused on **complex mental health and emotional conditions**. Our approach is grounded in evidence-based, neuroscience-informed protocols, delivered with **strict medical oversight and a safety-first philosophy**.

Every client receives **personalized care** tailored to their individual mental health needs, supported within a private, calm, and therapeutic environment. Our work is guided by a long-term commitment to **emotional stability and psychological well-being**, not temporary symptom management, and trusted by individuals seeking meaningful, lasting change.

## Begin Your Healing Journey

If you are living with a mental health or emotional condition and **seeking real change**, the **Mental Health Program** offers a new path forward.

## Apply today

And take the first step toward lasting emotional and psychological well-being.

APPLY NOW

Ancient wisdom.  
Modern science.  
*Infinite possibilities.*

